

Daily Symptom Monitoring

Please complete this checklist on a daily basis with your child to monitor for symptoms of COVID-19.

Has your child been exposed to anyone with a confirmed case of COVID-19 in the past 14 days?

If yes, the student should stay home from school. The student can return to school 14 days after the last time that they had close contact with someone diagnosed with COVID-19.

Column A If you checked 1 or more symptoms, student should stay home from school	Column B If you checked 2 or more symptoms, student should stay home from school		
<input type="checkbox"/> Fever (100°F or higher) <input type="checkbox"/> Cough <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Difficulty breathing <input type="checkbox"/> Nausea or vomiting <input type="checkbox"/> Diarrhea	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; padding: 0;"> <input type="checkbox"/> Lack of smell or taste (without congestion) <input type="checkbox"/> Sore throat <input type="checkbox"/> Chills <input type="checkbox"/> Muscle pain </td> <td style="width: 50%; padding: 0;"> <input type="checkbox"/> Headache <input type="checkbox"/> Congestion or runny nose </td> </tr> </table>	<input type="checkbox"/> Lack of smell or taste (without congestion) <input type="checkbox"/> Sore throat <input type="checkbox"/> Chills <input type="checkbox"/> Muscle pain	<input type="checkbox"/> Headache <input type="checkbox"/> Congestion or runny nose
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1 For a current list of symptoms see CDC's website:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

2 The temperature considered a fever during screening differs based on how temperature is taken. Any fever reported by an employee, even if no thermometer was used, should be considered as symptomatic

Exclusion From and Return to School Requirements

Scenario	Exclude from School	Return to School After...
#1 No Symptoms	No	Not applicable
#2 COVID-19 symptoms	Yes	Individual should be tested for COVID-19 <ul style="list-style-type: none"> <input type="checkbox"/> If test is negative, return to school 3 days after symptoms are no longer present. <input type="checkbox"/> If test is positive, follow return to school guidance for scenario #3 <input type="checkbox"/> If child is not tested, return to school when fever free (without medication) and symptom free for 3 days.
#3 Positive COVID-19 PCR test with symptoms	Yes	<ul style="list-style-type: none"> ✓ 3 days with no fever and no fever reducing medications and ✓ Improvement in symptoms and ✓ 10 days since symptoms first appeared
#4 Positive COVID-19 PCR test without symptoms	Yes	10 days after PCR was collected <ul style="list-style-type: none"> ✓ If symptoms develop during 10 days, follow return to school guidance for scenario #3
#5 Close contact of COVID with symptoms	Yes	Individual should be tested for COVID-19 <ul style="list-style-type: none"> ✓ If test result is negative, return to school 14 days after last exposure to the person with COVID and symptoms have resolved. ✓ If test result is positive, follow return to school guidance for scenario #3.
#6 Close contact of COVID without symptoms	Yes	14 days after last exposure to the person with COVID-19 <ul style="list-style-type: none"> <input type="checkbox"/> If symptoms develop during 14 days, follow return to school guidance for scenario #5.