

Daily Symptom Monitoring

Please complete this checklist on a daily basis to monitor for symptoms of COVID-19.

Has the staff member or student been exposed to anyone with a positive or suspected positive case of COVID-19 in the past 14 days?

If yes, the student/ staff member should stay home from school. The student can return to school 14 days after the last time that they had close contact with someone diagnosed with COVID-19.

Has the staff member or student traveled out of state ?

If yes, the student/ staff member should stay home from school. The student/staff member can return to school 14 days after returning to Pennsylvania so long as they do not develop symptoms of COVID-19.

Column A If you checked 1 or more symptoms, staff/student should stay home from school/work	Column B If you checked 2 or more symptoms, staff/ student should stay home from school/work
<input type="checkbox"/> Fever (100°F or higher) <input type="checkbox"/> Cough <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Difficulty breathing <input type="checkbox"/> Lack of smell or taste (without congestion) <input type="checkbox"/> Diarrhea <input type="checkbox"/> Nausea or vomiting	<input type="checkbox"/> Sore throat <input type="checkbox"/> Chills <input type="checkbox"/> Muscle pain <input type="checkbox"/> Headache <input type="checkbox"/> Congestion or runny nose <input type="checkbox"/> Fatigue

1 For a current list of symptoms see CDC's website:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

2 The temperature considered a fever during screening differs based on how temperature is taken. Any fever reported by an employee, even if no thermometer was used, should be considered as symptomatic

Exclusion From and Return to School Requirements

Scenario	Exclude from School	Return to School After...
#1 No Symptoms	No	Not applicable
#2 COVID-19 symptoms	Yes	<p>Individual should be tested for COVID-19</p> <ul style="list-style-type: none"> <input type="checkbox"/> If test is negative, return to school when they meet the normal criteria to return after illness. <input type="checkbox"/> If test is positive, follow return to school guidance for scenario #3 <input type="checkbox"/> If child is not tested and they are not a close contact of someone with COVID, return to school when fever free (without medication) and symptom free for 3 days or after a clinician has evaluated the child and documented an alternative diagnosis and confirmed that the student can return to school.
#3 Positive COVID-19 PCR test with symptoms	Yes	<p><i>Patients with mild to moderate illness who are not severely immunocompromised:</i></p> <ul style="list-style-type: none"> ✓ At least 10 days have passed since symptoms first appeared and ✓ At least 24 hours have passed since last fever without the use of fever-reducing medications and ✓ Symptoms (e.g., cough, shortness of breath) have improved. <p><i>Patients with severe to critical illness or who are severely immunocompromised:</i></p> <ul style="list-style-type: none"> ✓ At least 20 days have passed since symptoms first appeared and ✓ At least 24 hours have passed since last fever without the use of fever-reducing medications and ✓ Symptoms (e.g., cough, shortness of breath) have improved.
#4 Positive COVID-19 PCR test without symptoms	Yes	<i>For patients who are not severely immunocompromised:</i>

		<ul style="list-style-type: none"> ✓ 10 days have passed since the date of their first positive viral diagnostic test. ✓ If symptoms develop during 10 days, follow return to school guidance for scenario #3 <p><i>For patients who are severely immunocompromised:</i></p> <ul style="list-style-type: none"> ✓ 20 days have passed since the date of their first positive viral diagnostic test.
#5 Close contact of COVID with symptoms	Yes	<p>Individual should be tested for COVID-19</p> <ul style="list-style-type: none"> ✓ If test result is negative, return to school 14 days after last exposure to the person with COVID and symptoms have resolved. ✓ If test result is positive, follow return to school guidance for scenario #3. ✓ If child is not tested, they are considered a probable case and should remain excluded from school until 10 days after symptoms appeared.
#6 Close contact of COVID without symptoms	Yes	<p>14 days after last exposure to the person with COVID-19</p> <ul style="list-style-type: none"> □ If symptoms develop during 14 days, follow return to school guidance for scenario #5.