

## Holy Infancy School

### Local Wellness Policy Triennial Assessment Report

Date Completed: 2021-2022

A local wellness policy directs efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Jeanne Negron-Garcia, Principal.

#### Section 1: Policy Assessment

We encourage the following people to participate in the development, implementation, and evaluation of our wellness policy:

- |  |   |   |   |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators       | <input checked="" type="checkbox"/> School Food Service Staff   | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input checked="" type="checkbox"/> Students      | <input checked="" type="checkbox"/> Public  |

Required Policy Component	Fully in Place	Partially in Place	Not in Place
Nutrition Education	X		
Nutrition Promotion	X		
Food and Beverage Marketing Guidelines on School Grounds	X		
Nutrition guidelines for all foods and beverages available but <b>not sold</b> on school grounds (i.e., classroom celebrations, rewards, etc.)	X		
Nutrition guidelines for all foods and beverages available <b>sold</b> on school grounds (i.e., a la carte, school stores, vending machines, etc.)			X
Physical activity	X		
Other school-based activities (as defined by your policy)	X		

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## **Section 2: Policy Progress**

At this time Holy Infancy School is in compliance with the Student Wellness Policy found in our website. See <https://holyinfancyschool.org/school-lunch-menu/> for the link

## **Section 3: Model Policy Comparison**

A required component of the triennial assessment is to utilize the Rudd Center's Wellness School Assessment Tool (WellSAT) for comparison of the local wellness policy to a model wellness policy. The WellSAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and implementation, evaluation, and communication. The comparison identifies policy strengths and areas for improvement.

### **Local Wellness Policy Strengths**

Vended meals are in accordance with Federal and state laws.  
Stakeholders are encouraged to provide input yearly.

### **Areas for Local Wellness Policy Improvement**

In the future, Holy Infancy School would like to add vending machines with Smart Snacks options.